

A one day workshop for GPs,  
counsellors and psychological  
therapists in Primary Care



Royal College of  
General Practitioners  
RCGP LONDON

# Troubling Patients in Troubled Times

Hosted jointly by the APP Primary Care section, Balint Society and RCGPLondon

**DATE:**

**4TH NOVEMBER 2011**

**TIME:**

**9.00AM REGISTRATION  
5.00PM FINISH**

**COST INCLUDING LUNCH:**

**GPs: £ 90.00**

**Non GPs: £ 50.00**

**Early Bird: £ 10 discount**

Book before Sept 9th

**VENUE:**

**RCGP**

**1 BOW CHURCHYARD**

**LONDON**

**EC4M 9DQ**

[Online booking available here](#)

**CLOSING DATE:**

**21st OCTOBER 2011**

**6HRS CPD**

We all find some patients troubling – patients disturb and unsettle us in a variety of different ways. We are also working in difficult times of austerity and a fast changing NHS, facing uncertainty and fragmentation and perhaps fearing disintegration.

This workshop will be an opportunity to reflect on the impact the current climate has on our work with patients, particularly those we find most troubling. We will look at how the changes are affecting relationships with patients. How do we maintain human values and create spaces to think and work together?

Professionals and patients are feeling the pressure of cuts and constant reorganisation. The recession is creating anxiety and loss of confidence. How are we going to cope?

We may respond in rather manic ways or retreat into a more depressed position. This workshop will look at how we can try to guard against either of these extremes and continue to work therapeutically with patients, seeking to contain anxieties and work creatively together.

The workshop will take the form of short presentations, case vignettes and small group work. A Balint approach will be used to discuss some patients. No previous experience of Balint work is needed.

The facilitators are a group of GPs, psychotherapists and psychoanalysts who work together running multidisciplinary workshops, conferences and Balint work, promoting dialogue amongst professionals in Primary Care about working together with patients. It will be advantageous if you can bring a colleague working in General practice or primary mental health care.

If you would like to discuss this workshop further please contact one of the convenors -

Tony Burch [tonyburch@gmail.com](mailto:tonyburch@gmail.com)

Mary Burd [mary.burd@care4free.net](mailto:mary.burd@care4free.net)

Jane Dammers [Jane.dammers@ncl.ac.uk](mailto:Jane.dammers@ncl.ac.uk)

# Booking Form

## Troubling Patients in Troubled Times—One day Workshop 4th November 2011

Fees: GPs: £90.00 Non GPs: £50.00  
Early Bird: £80.00 Early Bird: £40.00

Please book me \_\_\_\_\_ places on the above event.

I enclose a cheque for £\_\_\_\_\_ made payable to "RCGP London".

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Tel No: \_\_\_\_\_

Email: \_\_\_\_\_

(All correspondence will be sent via email unless requested otherwise)

Occupation: \_\_\_\_\_

### Dietary Requirements (please only give any specific requirements)

Vegetarian / Vegan / Halal / Allergies etc.

### Additional Requirements

Wheelchair access / Hearing loop / Other

For Office use Only	Received	Cheque No	Reference	Order Number

You can email [dboard@rcgp.org.uk](mailto:dboard@rcgp.org.uk) or fax a copy of the booking form to 020 7173 6074 to reserve your place immediately. Bookings can only be secured by payment of the full delegate fee and places are allocated on a first come first served basis. The completed booking form and cheque should be sent to:

**Debbie Board**  
RCGP London, Room 304, Frazer House  
32-38 Leaman Street, LONDON, E1 8EW.

**Deadline for bookings:**  
**Friday 21st October 2011**

### Terms and conditions

- All bookings will be confirmed by email within one week of receipt of your booking form.
- An invoice/receipt will be given out on the day of the event which will show "Paid in full. Thank you"
- Cancellations will only be accepted in writing (email accepted). Cancellations received up to 4 weeks before the start of the event will be refunded minus a 25% administration fee. Cancellations received up to 14 days before the start of the event 50% of the full course cost will be refunded. Any cancellations received within the 14 days of the start of the event will not be refunded. Refunds cannot be made for failure to attend, but substitute delegates can be accepted.

By signing this booking form I confirm I have read and agree to the terms and conditions above.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_